

Coronavirus (COVID-19)

Lesson for Elementary Students

The information contained in this lesson reflects the information and advice provided by the CDC at **coronavirus.gov**

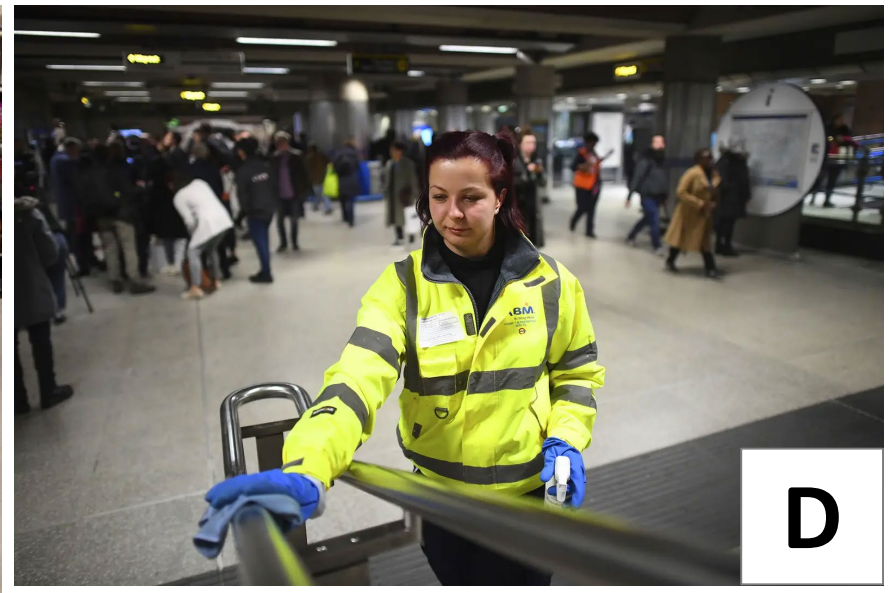


Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™







You've probably noticed some changes





What changes have you noticed?



Raise your hand and tell us about changes you have seen  or heard  about.

I noticed _____.





What changes have you noticed?



What is the
coronavirus?

How do we
protect ourselves
and others?

When will things
be normal again?

What is COVID-19?



What is COVID-19?



Colds, the flu and the coronavirus are all caused by **germs**.

Germs are too small to see with your eyes or a magnifying glass.

Some germs are good for us and some are bad.

What is COVID-19?



https://www.youtube.com/watch?v=OPsY-jLqaXM&feature=emb_logo



How do germs spread?



1. How do you think germs on our hands get into our eyes, nose and mouth where they can make us sick?
2. How can we get germs off our hands?



**How do we protect ourselves
and others from getting sick?**



Wash Your Hands



<https://www.youtube.com/watch?v=LQ24EfM7sEw&t=3s>



Let's Practice!



When should you wash?



- Before eating, preparing or serving food
- Whenever hands look, feel, or smell dirty
- After using the toilet
- After handling raw meat, fish, poultry and before touching any other food
- When sick, after blowing your nose
- Cough or sneeze: Germs get on hands from a sneeze (sneezing into the hands is not a good idea) – it's important to sneeze into sleeve/elbow
- After using common objects money, doorknobs, computer keyboard, telephone, lockers, keys
- After touching pets or any animals
- After taking out the trash
- Before putting on or after taking off your face mask



How do we protect ourselves and others?





Which way stops germs from spreading?



A



B



C



D

What are you thinking?



How do we protect ourselves and others from getting sick?



Cover your nose and mouth

- You could spread COVID-19 to others even if you do not feel sick.
- The cloth face cover is meant to protect other people in case you are sick!
- When should you wear one?



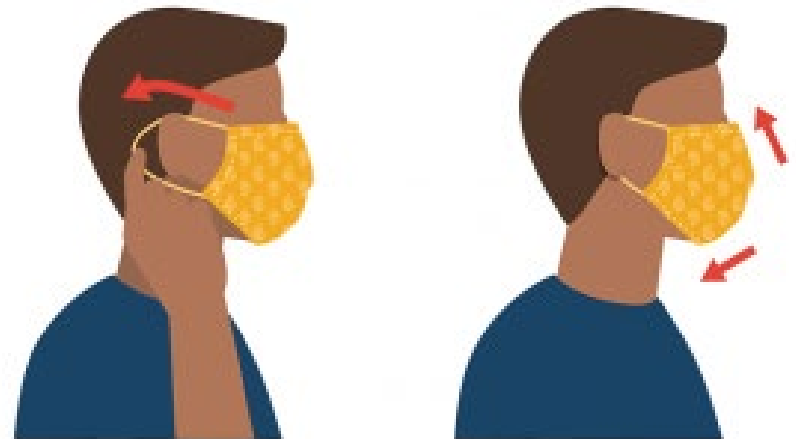


How do we protect ourselves and others from getting sick?



Wear a facemask the right way!

- You should always wash your hands or use hand sanitizer before you put on the mask.
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Wash your hands after taking mask off



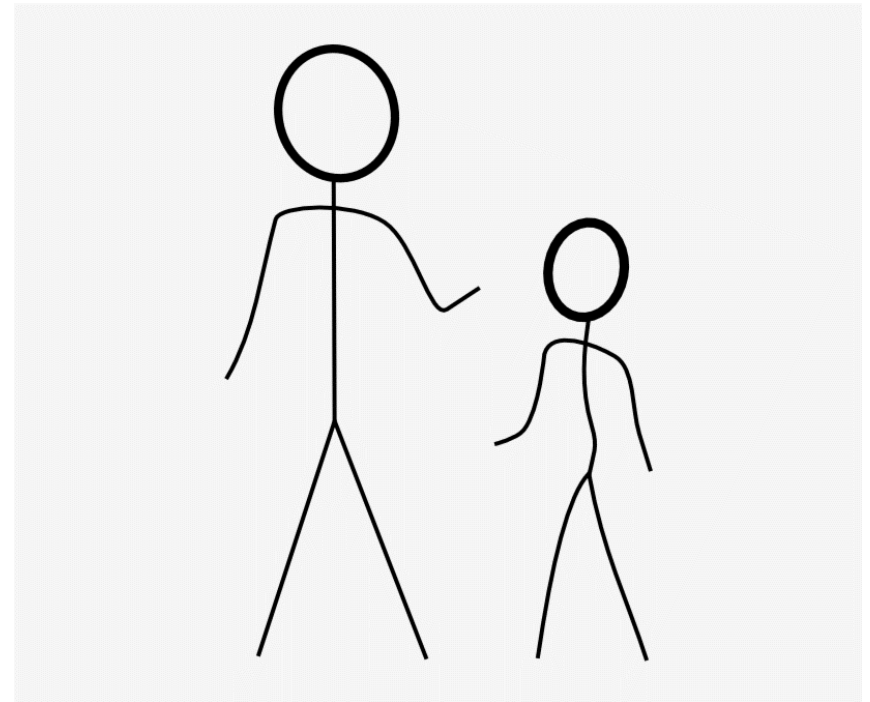


How do we protect ourselves and others?



What are different ways we greet our family and friends with and without speaking?

What are all the different ways you have greeted your family and friends?





How do we protect ourselves and others?



Large Group

- What do greetings that won't spread germs have in common?
- Do we always have to worry about spreading germs when we greet our family and friends? Why do you say so?
- Could we come up with a rule to help us figure out when to use greetings that won't spread germs?
- <https://www.youtube.com/watch?v=VbK3zQV464Y>

When will things be normal again?



Questions?



If you have more questions regarding safe practices in your classroom/school, please contact us!

Adam Peters

Community Engagement Team Lead
Jefferson County Health Department

Adam.Peters@jeffcohealth.org

Hal Neisler

Emergency Outreach Specialist
Jefferson County Health Department

Hal.Neisler@jeffcohealth.org

